



## **TÍTULO: Investigação da Resiliência em Contextos Familiares que apresentam filhos com deficiência**

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**Palavras-chave:** Resilience, Family, Disability

**Resumo** The consolidation of the resilience pillars is needed to overcome negative life experiences, to deal with stress and recover from trauma. Are parents of disabled children able to adapt to the situations created by the arrival of a "different" child? In a process of mourning and the re-organization of the family, how do they use the community resources to confront the situation? Are they able to use protective factors to deal with the disability issues and its inborn problems? In the process of overcoming and accepting the disability, do they value and consolidate the pillars of resilience? In this investigation we analyze the resilience process in family contexts that present children with disabilities. It is therefore an investigation of a complex nature, exploring and describing the perceptions of 326 parents who have faced the adversity of having a child with disabilities.

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